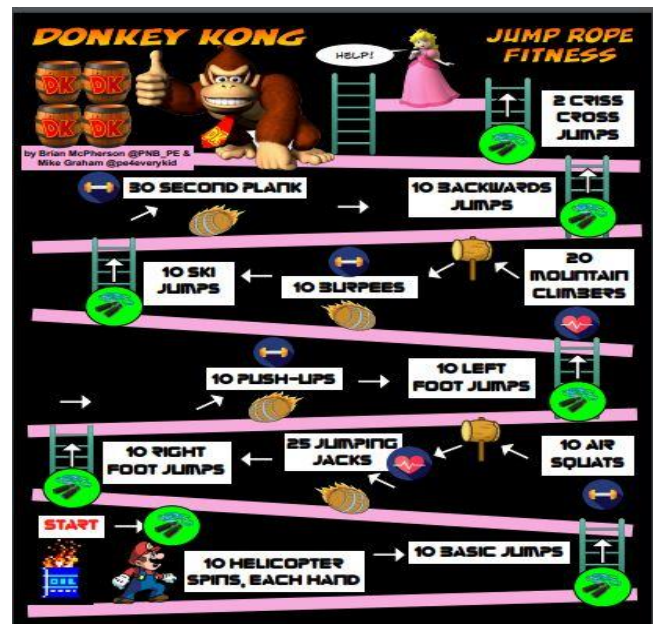
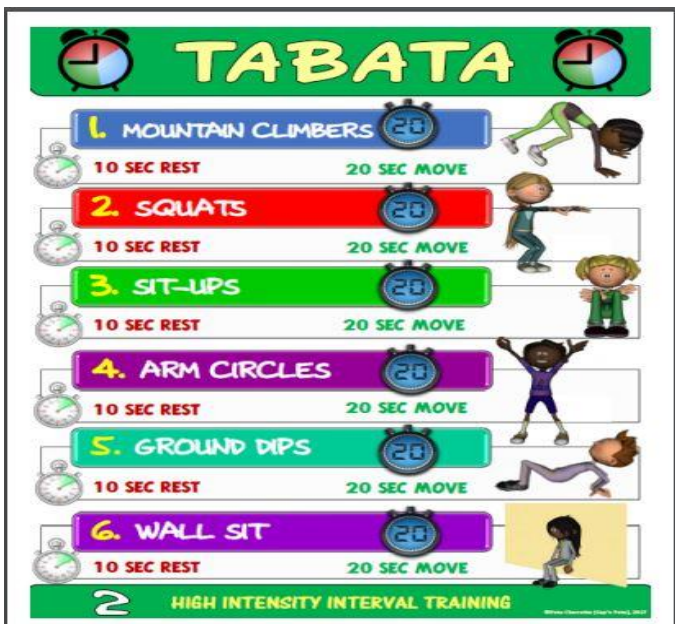
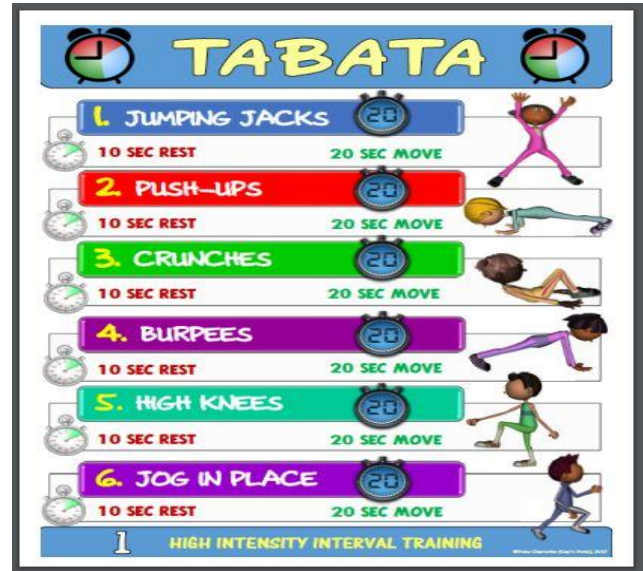
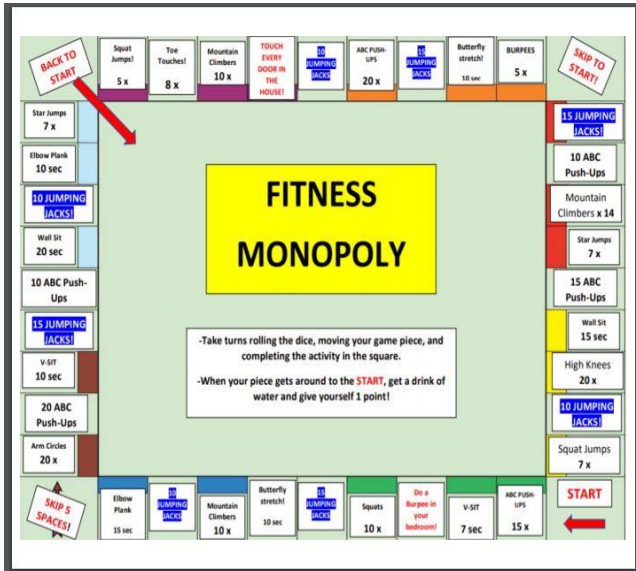


Physical Education Online Learning Grades 3-5

While you are home we want to make sure you keep moving and stay healthy! Get outside as much as you can and keep up with that healthy and active lifestyle!



Resources

www.gonoodle.com

[Roblox Fitness](#)

[OPEN PE Active Home](#)

Health Tips:

Drink Water

Eat Healthy Foods

Get Plenty of Rest

Wash Your Hands!!!